

**Amendment to the Claims:**

1-7. (Cancelled)

8. (Currently Amended) [[The]] A padding for a protective helmet according to claim 1, including:

an envelope configured to be attached inside the helmet, the envelope being made of flexible material;

5 at least one supplementary padding element received in the envelope; the envelope including at least one opening allowing introduction and removal of the supplementary padding element into and from the envelope;

wherein:

10 the envelope has a general form of a 'T', which includes a longitudinal central branch whose front end extends laterally towards the left to define a left side branch and towards the right to define a right side branch;

the envelope includes a lower wall connected by its edge to an upper wall, the walls being made of a soft material which is able to be deformed;

15 the at least one supplemental padding element is received in the branches of the envelope; and

the at least one supplemental padding element includes attachment means affixed in a removable way to the envelope; and

wherein:

20 the longitudinal central branch includes, on its upper wall which contacts a lining fabric of the helmet, an opening to access a longitudinal pocket into which can be introduced a supplementary padding element;

the left side branch includes, on its upper wall which contacts the lining fabric, an opening to access a pocket, into which can be introduced a supplementary padding element; and

25 the right side branch includes, on its upper wall, an opening to access a pocket into which can be introduced a supplementary padding element.

9. (Currently Amended) [[The]] A padding for the protective helmet according to claim 8, including:

an envelope configured to be attached inside the helmet, the envelope being made of flexible material;

5       at least one supplementary padding element received in the envelope; the envelope including at least one opening allowing introduction and removal of the supplementary padding element into and from the envelope; and

wherein

10      the envelope has a general form of a ‘T’, which includes a longitudinal central branch whose front end extends laterally towards the left to define a left side branch and towards the right to define a right side branch,

the envelope includes a lower wall connected by its edge to an upper wall, the walls being made of a soft material which is able to be deformed,

15      the at least one supplemental padding element is received in the branches of the envelope, and

the at least one supplemental padding element includes attachment means affixed in a removable way to the envelope; and

wherein:

20      the longitudinal central branch includes, on its upper wall which contacts a lining fabric of the helmet, an opening to access a longitudinal pocket into which can be introduced a supplementary padding element,

the left side branch includes, on its upper wall which contacts the lining fabric, an opening to access a pocket, into which can be introduced a supplementary padding element, and

25      the right side branch includes, on its upper wall, an opening to access a pocket into which can be introduced a supplementary padding element; and

wherein

a central junction of the three branches includes, on its upper wall, an opening to access a pocket, into which can be introduced a supplementary padding element.

10. (Previously Presented) The padding for the protective helmet according to claim 9, wherein the upper wall of the envelope includes at least a band of self-gripping textile of the type with hooks.

11. (Currently Amended) A protective helmet including:  
a principal external shell including resident internal padding made out of rigid synthetic foam; and  
removable supplementary padding according to claim [[1]]9.

12-17. (Cancelled)

18. (Previously Presented) A protective helmet comprising:  
a rigid shell which defines an interior cavity;  
resident padding affixed to the shell in the interior cavity;  
an envelope configured to be mounted inside the resident padding and  
adapted to contact a user's head, the envelope including a lower wall and an upper  
wall connected along at least one edge, the walls being made of a soft, deformable  
material, the envelope having a T-shape, which includes a longitudinal central branch  
and left and right side branches extending laterally outward from a front end of the  
longitudinal central branch, the envelope including at least one access opening to its  
interior;  
a plurality of supplemental deformable padding elements configured to  
be inserted through the access opening into the interior of the branches of the  
envelope;  
an attachment structure which removably attaches the supplemental  
deformable padding elements to the interior of the envelope such that the  
supplemental deformable padding elements adapt the helmet to a shape and volume of  
a user's head.